**Abnormal Psychology –PSYC 3303-002**  
Fall 2019  
MWF 9:00-9:50am HLMS 252

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Office location: Muenzinger E411

**Teaching Asst.:** Natasha Hansen, M.A.  
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**Text:** Druand and Barlow (2018). Essentials of Abnormal Psychology, 8th. For more info about MindTap go to: https://www.cengage.com/coursepages/unlimited_canvas2

**Objectives:** Upon completion of this course, the successful student will be able to:  
- describe the main symptoms associated with selected mental health diagnoses  
- compare and contrast presenting symptoms to understand differential diagnoses  
- identify and apply selected theoretical orientations regarding the development of abnormal behavior  
- demonstrate a basic understanding of validated treatments for selected disorders  
- evaluate ethical implications, potential biases, and gaps of diagnostic system  
- develop and show compassion for individuals with mental illnesses

→ **Throughout the semester emphasis will be placed on use of data and seeing multiple sides of an issue to enhance critical thinking.**

**Learning and teaching commitments:**  
- As a student in this class, I ask that you commit to being prepared, engaged, respectful, and proactive if you need help.  
- As your instructor, you can be confident of my commitment to being supportive of your learning, open to feedback, and developing engaging strategies to help you learn.
Learning opportunities: The following assessments will be used throughout the semester.

Tests: There will be two non-cumulative tests for this course (worth 100 points). The third and final exam is semi-cumulative (worth 110 points).

Mindtap Quizzes: There will be 3 “capstone” quizzes on Mindtap.

Mindtap Profiles: There will be profile quizzes and reflection questions on Mindtap.

Case Study: The case study is a written assignment emphasizing differential diagnosis, assessment, causal hypotheses, and treatment considerations for a pretend clinical case. See point allocation and due dates below:

- Differential Diagnosis Quiz (5 Points) - Due: 10/4
- Empirical Article Quiz (5 Points) - Due: 10/18
- Empirical Article In-Class Assignment: bring article to class and discuss (5 Points) - Due: 10/18
- Practice Case Study (10 Points) - Due: in LA workshops before 11/15
- Final Case Study (75 Points) - Due: 12/4

Clicker questions/ Participation: Part of your grade will include participation points evaluated on the degree of your active involvement in the class, including clicker questions. It is your responsibility to make sure that your clicker is working correctly.

Your grade will be determined out of a total of 530 points.

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<thead>
<tr>
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<th>Points</th>
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<tbody>
<tr>
<td>3 exams</td>
<td>310</td>
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<tr>
<td>Mindtap quizzes</td>
<td>30</td>
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<tr>
<td>Mindtap Profiles</td>
<td>50</td>
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<tr>
<td>Case study</td>
<td>100</td>
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<tr>
<td>Participation / Clicker questions/ In class assignments</td>
<td>40</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>530</strong></td>
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Letter grades will be assigned as follows:

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<tr>
<th></th>
<th>A = 100-94%</th>
<th>A- = 93-90%</th>
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<tbody>
<tr>
<td>B+</td>
<td>89-87%</td>
<td>B = 86-84%</td>
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<tr>
<td>B</td>
<td>83-80%</td>
<td>B- = 83-70%</td>
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<tr>
<td>C+</td>
<td>79-77%</td>
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<td>C</td>
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<td>D+</td>
<td>69-67%</td>
<td>D = 66-64%</td>
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<tr>
<td>D</td>
<td>63-60%</td>
<td>D- = 63-60%</td>
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# Course Outline and Schedule

## Week 1
- **Mon, 8/26**
  - Course introduction
  - Chapter 1
- **Wed, 8/28**
  - Models of abnormality
  - Chapter 2
- **Fri, 8/30**
  - Models of abnormality
  - Chapter 2

## Week 2
- **Mon, 9/2**
  - **NO CLASS**
- **Wed, 9/4**
  - Clinical assessment strategies
  - Chapter 3
- **Fri, 9/6**
  - Clinical assessment strategies
  - Chapter 3

## Week 3
- **Mon, 9/9**
  - Anxiety disorders
  - Chapter 4
- **Wed, 9/11**
  - Anxiety Disorders
  - Chapter 4
- **Fri, 9/13**
  - OCD related disorders
  - Mindtap Ch. 4 profile

## Week 4
- **Mon, 9/16**
  - OCD related disorders
- **Wed, 9/18**
  - PTSD
- **Fri, 9/20**
  - PTSD
  - Mindtap quiz #1

## Week 5
- **Mon, 9/23**
  - Catch up/Review
- **Wed, 9/25**
  - TEST 1
- **Fri, 9/27**
  - Case study introduction
  - Differential Diagnosis quiz posted

## Week 6
- **Mon, 9/30**
  - Dissociative Identity Disorder
  - Chapter 5
- **Wed, 10/2**
  - Dissociative Identity Disorder
  - Chapter 5
- **Fri, 10/4**
  - Mood disorders
  - Chapter 6
  - Differential diagnosis quiz due

## Week 7
- **Mon, 10/7**
  - Mood disorders
  - Chapter 6
- **Wed, 10/9**
  - Mood disorders
  - Chapter 6
- **Fri, 10/11**
  - Case study practice
  - Mindtap Ch. 6 profile

## Week 8
- **Mon, 10/14**
  - Eating disorders
  - Chapter 8
- **Wed, 10/16**
  - Eating disorders
  - Chapter 8
- **Fri, 10/18**
  - Case study practice
  - Mindtap ch. 8 profile
  - Article quiz due
  - Bring in article

## Week 9
- **Mon, 10/21**
  - Substance disorders
  - Chapter 10
- **Wed, 10/23**
  - Substance disorders
  - Chapter 10
- **Fri, 10/25**
  - Substance disorders
  - Mindtap Quiz #2
**Week 10**

**Readings:**

- Mon, 10/28: Catch up/review
- Wed, 10/30: **TEST 2**
- Fri, 11/1: Practice case study introduction
  - Personality Disorders

**Week 11**

**Readings:**

- Mon, 11/4: Personality disorders
- Wed, 11/6: Personality disorders
- Fri, 11/8: Personality disorders
  - Mindtap Ch. 11 profile

**Week 12**

**Readings:**

- Mon, 11/11: Psychotic Disorders
- Wed, 11/13: Psychotic Disorders
- Fri, 11/15: Introduce final case study
  - Mindtap Ch. 12 profile
  - Practice case study due

**Week 13**

**Readings:**

- Mon, 11/18: Developmental disorders
- Wed, 11/20: Developmental disorders
- Fri, 11/21: Mental health services/ethics

**Week 14**

**Readings:**

- 11/25-22/29: Thanksgiving

**Week 15**

**Readings:**

- Mon, 12/2: Mental health law and ethics
- Wed, 12/4: Positive Psychology
- Fri, 12/6: Positive Psychology
  - Mindtap quiz #3
  - FINAL CASE STUDY DUE

**Week 16**

**Readings:**

- Mon, 12/9: Stigma and mental health
- Wed, 12/11: Stigma and mental health/
- Fri, 12/12: READING DAY
- Wed, 12/19: EXAM 3 1:30-2:45

**MISSED CLASS AND LATE WORK**

If you miss a class, please get notes from a classmate. **You are responsible for all information communicated in class, whether or not you are in attendance. You must check the course website and your email to stay on top of any changes to the course plan or assignments.**

Except for unavoidable, well-documented circumstances such as illness or family emergencies, late assignments will not be accepted. An incomplete is only given if you, for reasons beyond your control, have been unable to complete course requirements. You must have documentation that verifies reasons that were beyond your control that interfered with your ability to complete the class. Moreover, a substantial amount of work must have been satisfactorily completed before approval for such a grade is given.
CONTROVERSIAL AND SENSITIVE TOPICS

Class lectures, discussions, and activities may include topics that are controversial and that may be upsetting in nature (e.g., traumatic events, suicide). The goal of this course is to think critically about such topics, and it is my aim to create an atmosphere that is conducive to dialogue and inquiry by nurturing a classroom based on respect and consideration for oneself and one’s peers. If you have concerns about topics that are listed on the syllabus or that are addressed in class discussions, I encourage you to talk individually with me at any point.

Disabilities accommodations:

If you qualify for accommodations because of a disability, please submit your accommodation letter from Disability Services to your faculty member in a timely manner so that your needs can be addressed. Disability Services determines accommodations based on documented disabilities in the academic environment. Information on requesting accommodations is located on the Disability Services website. Contact Disability Services at 303-492-8671 or dsinfo@colorado.edu for further assistance. If you have a temporary medical condition or injury, see Temporary Medical Conditions under the Students tab on the Disability Services website.

Classroom behavior:

Students and faculty each have responsibility for maintaining an appropriate learning environment. Those who fail to adhere to such behavioral standards may be subject to discipline. Professional courtesy and sensitivity are especially important with respect to individuals and topics dealing with race, color, national origin, sex, pregnancy, age, disability, creed, religion, sexual orientation, gender identity, gender expression, veteran status, political affiliation or political philosophy. Class rosters are provided to the instructor with the student's legal name. I will gladly honor your request to address you by an alternate name or gender pronoun. Please advise me of this preference early in the semester so that I may make appropriate changes to my records. For more information, see the policies on classroom behavior and the Student Code of Conduct.

Honor Code:

All students enrolled in a University of Colorado Boulder course are responsible for knowing and adhering to the Honor Code. Violations of the policy may include: plagiarism, cheating, fabrication, lying, bribery, threat, unauthorized access to academic materials, clicker fraud, submitting the same or similar work in more than one course without permission from all course instructors involved, and aiding academic dishonesty. All incidents of academic misconduct will be reported to the Honor Code (honor@colorado.edu; 303-492-5550). Students who are found responsible for violating the academic integrity policy will be subject to nonacademic sanctions from the Honor Code as well as academic sanctions from the faculty member. Additional information regarding the Honor Code academic integrity policy can be found at the Honor Code Office website.

Office of Institutional Equity and Compliance (OIEC):

The University of Colorado Boulder (CU Boulder) is committed to fostering a positive and welcoming learning, working, and living environment. CU Boulder will not tolerate acts of sexual misconduct intimate partner abuse (including dating or domestic violence), stalking, protected-class discrimination or harassment by members of our community. Individuals who believe they have been subject to misconduct or retaliatory actions for reporting a concern should contact the Office of Institutional Equity and Compliance (OIEC) at 303-492-2127 or cureport@colorado.edu.
Information about the OIEC, university policies, anonymous reporting, and the campus resources can be found on the OIEC website.
Please know that faculty and instructors have a responsibility to inform OIEC when made aware of incidents of sexual misconduct, discrimination, harassment and/or related retaliation, to ensure that individuals impacted receive information about options for reporting and support resources.

Religious observances syllabus statement:
Campus policy regarding religious observances requires that faculty make every effort to deal reasonably and fairly with all students who, because of religious obligations, have conflicts with scheduled exams, assignments or required attendance. In this class, {Faculty: insert your procedures here}.
See the campus policy regarding religious observances for full details.

For more information please go to the following website:
https://www.colorado.edu/academicaffairs/student-syllabus-statements