Psyc 1001 300- General Psychology  
Spring, 2000  
3:30 - 4:45 pm TR  
Muen E050

Dr. Diane Martichuski  

<table>
<thead>
<tr>
<th>Office:</th>
<th>Muenzinger D251-E</th>
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</thead>
<tbody>
<tr>
<td>Phone:</td>
<td>492-4246</td>
</tr>
<tr>
<td>Office Hours:</td>
<td>M 1:30 - 3:30, R 9-10 am, or by appt.</td>
</tr>
<tr>
<td>E-mail Address:</td>
<td><a href="mailto:dmartich@psych.colorado.edu">dmartich@psych.colorado.edu</a></td>
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Website for class: Link from [http://psych-www.colorado.edu](http://psych-www.colorado.edu)


Optional but recommended Supplement: Psyk.trek CD-ROM *(some are packaged with Weiten textbook)*; CD has games, study aides, study guides, glossary, practice tests.

Graduate Teaching Assistant:  
Mark Ilgen  
Email: milgen@psych.colorado.edu  
Office:  
Phone:  
Office Hours:  

Recitation Sections (You must be registered for one of these):

<table>
<thead>
<tr>
<th>SECTION</th>
<th>TIME</th>
<th>ROOM</th>
<th>Info on your TA:</th>
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<tbody>
<tr>
<td>R310</td>
<td>12-12:50 R</td>
<td>Muen E432</td>
<td>Name:</td>
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<td>R311</td>
<td>2 - 2:50 T</td>
<td>Muen E432</td>
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<tr>
<td>R312</td>
<td>9-9:50 W</td>
<td>Muen E432</td>
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<td>R313</td>
<td>2 - 2:50 R</td>
<td>Muen E432</td>
<td>Phone:</td>
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<td>R314</td>
<td>11 - 11:50 F</td>
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**WELCOME TO THE STUDY OF PSYCHOLOGY!**

In this course, you will be exposed to many psychological principles and ideas. You will learn the answers to these and many other questions:

What do my dreams mean? (sleep and dreams)  
How can I get my roommate to do my laundry? (operant conditioning)  
Is it a good idea to get in a car and drive all night? (circadian rhythms, sleep)  
What causes phobias? (classical conditioning)
How can I study better in less time? (memory)
What are intelligence tests used for? (intelligence)
Are intelligence tests biased in favor of Anglo Americans? (intelligence)
What causes multiple personality disorder? (psychological disorders)
What makes someone “crazy” or “insane?” (psychological disorders)
What makes someone a serial killer? (psychological disorders)
How can I keep from getting sick during midterms and finals? (stress and health)
What makes someone gay or lesbian? (motivation and emotion)
Why do young children think cartoons are real? (human development)
How do different theorists think we develop our personalities? (personality)
If I went to see a Freudian therapist, would there be a couch? (therapy)
What causes prejudice? (social psychology)
How could I scientifically determine whether or not violence on TV causes aggression? (research methods)
How does our own desire to look and feel good affect how we interpret events around us? (social psychology)
What do I do if my professor reminds me of my mother, who I hate? (Freud)

REQUIREMENTS
1. Students are expected to read the assigned chapters, to attend their recitation section, and to complete exercises within the recitation section (grade in recitation is worth 100 pts).

2. Four multiple choice exams will be given, each worth 100 points. No make-up exams will be given (exceptions are students on official university business who should arrange to take the exam early). An optional comprehensive final exam will be offered during the final exam time and will substitute for the lowest unit exam grade.

OTHER INFORMATION
Attendance is required for recitation sections where lecture and text material will be discussed and used to promote critical thinking skills. Attendance to lectures is not required and will not DIRECTLY affect student grades. However, lecture material will be covered on exams, so students are encouraged to develop regular attendance habits. In addition, there is a positive relationship between attendance and grades, so it is to the student's benefit to attend.

Although the course format will be mostly lecture-oriented, there will be some class exercises and some discussion when time allows. Lectures will include basic information as well as applications to real life. Students are encouraged to ask questions both during and after class. Students are responsible for announcements made during class time.

In order to assist each individual to perform to his/her potential, it is important for a student to inform the professor of any conditions which may require some modification of seating, testing, or other class requirements/practices. Please discuss options with the professor in the first two weeks of class.

GRADING
A course grade will be assigned to each student according to the student's percentage of the total course points (4 tests x 100 + recitation 100 = 500).
Research Participation Credit

All students enrolled in Psychology 1001 at the University of Colorado at Boulder are required to gain experience with the scientific and experimental aspects of psychology. This requirement may be filled in one of two ways. By participating in laboratory experiments in psychology (Option I) or by writing a critical review of some published experiments in psychology (Option II). These two options require approximately equal amounts of work. Students not completing either Option I or Option II requirements will receive a grade of "IF" for the course. If either Option I or Option II requirements are completed within one year, the "IF" will be changed to the grade earned on the basis of exam scores and recitation grade. You will be given a form early in the semester on which to indicate which option you have chosen to fulfill the research participation requirement.

OPTION I: Participation in Psychological Experiments

You agree to participate in experimental research conducted by members of the Department of Psychology or by students under the supervision of members of the faculty. A faculty committee reviews all experiments to insure that they do not involve invasion of your rights or privacy and do not use procedures which are either dangerous or morally or ethically objectionable. You do not have to participate in any experiment which you find, for any reason, unacceptable. However, if you make an appointment to participate in an experiment, and you are more than 15 minutes late or you do not cancel your appointment at least one hour in advance, you will be penalized by the addition of one hour to your participation requirement.

The exact number of required experiment credits will be announced in class.

Folders containing information for signing up for experiments will be available on tables outside the main PSYC 1001 classroom (E050) in the Muenzinger Psychology Building. (This is the same building where the offices of Dr. Martichuski and your teaching assistants/recitation leaders are located.) Please sign up for times when you are sure you can attend and make a careful record of the experiment number, time, place, and experimenter's phone number. After the experiment is over, the experimenter will give you a receipt (a yellow card) designating your participation. SAVE YOUR YELLOW CARDS! This will provide you with insurance in the event of any record-keeping errors. These cards are your only proof that you actually participated in an experiment--KEEP THEM IN A SAFE PLACE!

For Questions & Concerns regarding research experiments, please call: 492-8077.

OPTION II: Research Review

PLEASE NOTE: Students 17 years old or younger must complete this option.

You agree to write a critical review of published psychology experiments. You can find several articles on reserve in the Norlin library (under this class -- PSYC 1001 300). Choose an article and write a summary according to instructions on the webpage for this class. Your review will be judged satisfactory or not satisfactory by a graduate teaching assistant. The quality of the review will not affect your course grade. Turn reviews in to Mark Ilsen (office hours or mail box).

The exact number of required research summaries will be announced in class.

NOTE FOR BOTH OPTIONS: IF YOU COMPLETE YOUR REQUIRED HOURS OR REVIEWS BY MARCH 9, YOU WILL BE AWARDED 15 POINTS EXTRA CREDIT (OR 3% OF YOUR TOTAL GRADE)!
## TOPICS AND SCHEDULE:

<table>
<thead>
<tr>
<th>Week beginning</th>
<th>Chapters:</th>
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| 1/17           | CH: 1, 2 (Evolution of Psychology, Research in Psychology)  
(NO recitations this week) |
| 1/24           | CH: 2, 3 (Research Enterprise in Psyc, Biological Bases of Beh)  
(Recitations begin this week) |
| 1/31           | CH: 3, 4 (Biological, Sensation and Perception) |
| 2/07           | CH: 5 (Variations in Consciousness) |
| 2/14           | EXAM 1: Tues, Feb. 15, CHAPS 1-5 and lectures  
CH: 6 (Learning) |
| 2/21           | CH: 6, 7 (Learning, Memory) |
| 2/28           | CH: 7, 8 (Memory, Language and Thought) |
| 3/06           | CH: 9, 10 (Intelligence, Motivation and Emotion) |
| 3/13           | CH: 10 (Motivation and Emotion)  
EXAM 2: Thursday, March 16, CHAPS 6 - 10 and lectures |
| 3/20           | CH: 14 (Psychological Disorders) |
| 3/27           | SPRING BREAK (no classes) |
| 4/03           | CH: 14, 12 and 15 (Disorders; Personality/Therapy (done together)) |
| 4/10           | CH: 12, 15 (Disorders; Personality/Therapy (done together)) |
| 4/17           | EXAM 3: Tuesday, April 18, CHAPS 12, 14-15 and lectures  
CH: 13 (Stress, Coping, and Health) |
| 4/24           | CH: 13, 11 (Stress, Lifespan Human Development) |
| 5/01           | CH: 11, 16 (Human Development, Social Behavior) |

### FINALS

**FINAL EXAM (EXAM 4, Chaps 13, 11, 16 and lecture):**  
**Thurs. May 11, 1:30 - 4:00 pm**  
(The optional comprehensive final will also be given during this time)